



## Troy Family Aquatic Center (TFAC) 3425 Civic Center Drive

The Troy Family Outdoor Aquatic Center will open for its 17th season Memorial Day weekend and will remain open through Labor Day. The Aquatic Center features a main pool with a zero-depth edge, tube and body slides, a kiddy area that includes a waterfall, slide and spray area, sand volleyball, sand play area, and concession area.

### Join us at our Open House

Saturday, May 16 from 10 am-12 noon

Sunday, May 24 from 2-4 pm

A perfect opportunity to see what the Troy Family Aquatic Center is all about. Staff will give tours and answer questions about the facility.

### Passes and Fees for 2009

Passes for the 2009 season will go on sale beginning March 19 at the Troy Community Center. Rates for residents, non-resident employees, and non-residents will be available in early March. Children under 3 years old as of May 1, 2009 are free. Season pass does not guarantee entry if the facility is at capacity. Fees will be available online at: [www.troymi.gov/parksrec/tfac](http://www.troymi.gov/parksrec/tfac)

**Two Free Guest Passes** – Season pass holders who purchase a pass on or before Thursday, May 21 will receive two free guest passes (limit 2 per household).

**Special Season Pass Holder Guest Days** – Season pass holders can bring a guest in all day at the evening rate on certain days.

**Daily Passes** – Pay per visit. Special rates after 5 pm.

**Punch Cards** – Great savings for eight visits. Cards are good for the current season only and can be used for anyone in your household. Entry is not guaranteed if facility is at capacity.

### Swim Lessons

A variety of classes and times will be offered throughout the day and evening. Refer to the summer edition of the Troy Today for details. Private lessons are also available. Fees are \$49 for preschool classes and \$61 for youth classes.



## Troy Family Aquatic Center Hours 2009

(subject to change)

Open Memorial Day Weekend – Labor Day

### Early Season Hours: May 22-June 15

Monday-Friday	3 pm - 7:30 pm
Saturday-Sunday	11 am - 7:30 pm
Special Holiday hours May 25	11 am - 7:30 pm

### Regular Hours: June 16-September 7

Monday-Thursday (June & Aug)	11 am - 7:30 pm
Monday-Thursday (July)	11 am - 8:00 pm
Friday-Sunday	11 am - 7:30 pm

**Free Admission Friday, May 22 3 pm - 7:30 pm**

**August 31-September 7:** Some features may not be available due to staffing.

## Parties/Groups/Rentals

Reservations accepted beginning February 2009. Call the Parks and Recreation Department at 248.524.3484.

## Birthday Parties and Celebrations

It is the hassle free way to celebrate that special day. Parties include invitations, choice of lunch, cake, ice cream, goody bag, and entry into TFAC. Minimum 10 people. Call the Parks and Recreation office for prices.

## Group Rates

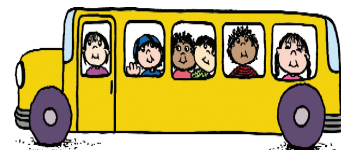
Special rates for groups of 20 or more are \$6 per resident and \$7 per non-resident.

## School Groups

Friday, June 5

11 am - 3 pm

Schools and groups get an early start at TFAC on June 5 from 11am-3 pm at a special \$4 rate per person! Call 248.524.3484 to reserve your group.



## Private Rentals

The entire facility may be rented for your own event. The facility is available Sun.-Thurs. from 9 pm - 12 am, and Fri.-Sat. from 7:30 pm - 12 am. Groups of up to 1,200 people can be accommodated. Concessions are available or food may be brought in.

## Special Days at TFAC

Special rates or activities will take place on certain days throughout the summer. More details in the *Summer Troy Today!*

## Employment

Positions include Lifeguards and Swim Instructors. Apply at Parks and Recreation, 3179 Livernois or call 248.524.3484 for details. See page 81 for more info. Print an application online at: [www.troymi.gov](http://www.troymi.gov) Interviews are held in late February.

## Troy Community Center Indoor Pool

3179 Livernois: 248.524.3484

The aquatic area includes lap lanes, slides, a leisure pool with water toys, and a therapy pool offering varied hours for different activities and ages. Programs include aquacise, swim lessons and other youth and adult classes. Rentals and birthday parties are also available to residents and non-residents.

### Important Pool Rules

- Children under 10 must be directly supervised in the water by an individual 16 or older.
- Appropriate and approved swim attire is required.
- Children who are not toilet trained must wear tight-fitting plastic pants over an approved swim diaper.
- Showers are required prior to entry.
- Flotation devices and toys may not be brought into the pool.
- A list of rules is available at the administration desk.

*Birthday Party Information on page 42.*

## Special Events

**Family Nights:** 2<sup>nd</sup> Saturday of the month (see page 32).

### Father/Son Pool Party

**Saturday, May 2, 6:30-8:30 pm**

Come spend an evening full of fun with your son. There will be games, tubes, a picture to remember the night, and a goody bag. Dads with more than one son are welcome to bring them all! Registration is limited. All ages welcome. Sons under 10 years must have a dad in the water with them. No refunds for this event.

Act #	Ages	Date	Time	NR	Res Disc
123097A	Couple	Sat, May 2	6:30-8:30 pm	\$12	\$10
123097B	Extra Son	Sat, May 2	6:30-8:30 pm	\$7	\$5

### Mother/Daughter Pool Party

**Saturday, June 6, 6:30-8:30 pm**

Come spend an evening full of fun with your daughter. There will be games, tubes, a picture to remember the night, and a goody bag. Moms with more than one daughter are welcome to bring them all! Registration is limited. All ages welcome. Daughters under 10 years must have a mom in the water with them. No refunds for this event.

Act #	Ages	Date	Time	NR	Res Disc
123098A	Couple	Sat, June 6	6:30-8:30 pm	\$12	\$10
123098B	Extra girl	Sat, June 6	6:30-8:30 pm	\$7	\$5

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning February 25 for Swim classes; see procedures on pages 82-83.

## Water Wave Aerobics

Ride the waves of fun as a variety of moves make for a great workout! Class designed for adults 18 and older.

**Location:** Community Center leisure pool

Act#	Days	Dates	Time	NR	Res Disc
123026A	T/TH	3/19-6/11	7-7:50 pm	\$105	\$100
123026B	M/W/F	3/18-6/12	10:05-10:55 am	\$145	\$140
123026C	M/W	3/18-6/10	9-9:50 pm	\$105	\$100
123026D	Sat	3/21-6/13	9:05-9:55 am	\$55	\$50

## American Red Cross Lifeguard Class

This class is for anyone age 15 and older who is interested in learning the skills required to be a lifeguard. You will receive training in CPR, first aid, and rescue skills. Participants also receive an American Red Cross Lifeguard Certificate.

**Location:** Community Center indoor pool

Act#	Days	Dates	Time	NR	Res Disc
113024C	M-Sat	2/16-2/20	8 am-4 pm	\$165	\$160
123002A	Sun	3/22-5/10	1-6 pm	\$165	\$160*
123002B	M-Sat	4/6-4/11	8 am-4 pm	\$165	\$160
123002C	Sat	4/18-5/16	3-9 pm	\$165	\$160
123002D	M/W/F	5/6-5/20	5-9 pm	\$165	\$160

\*no class 4/5 and 4/12



## Expecting Mom Water Aerobics

Are you an expecting mom looking for a safe way to exercise. Join this water aerobic class geared for you.

**Instructor:** Klod

Act#	Days	Dates	Time	NR	Res Disc
123033A	T/TH	3/17-4/30	2:30-3:30 pm	\$55	\$50
123033B	T/TH	5/5-6/11	2:30-3:30 pm	\$55	\$50



## Spring Break AquaCamp

**April 6-9**

Looking for a special activity for the kids over Spring Break week? This dynamic new camp for ages 6-13 will include crafts and games in the gym in the mornings and use of the pool and planned games in the pool in the afternoon. Before and after care available. **Registration Deadline:** After 3/31/09 add \$20 to fee

**Location:** Troy Community Center Indoor Pool

**Instructor:** Indoor Pool Staff

Act #123032	Ages	Time	NR	Res Disc
A	6-9 yrs	9 am - 4 pm	\$104	\$99
B	10-13 yrs	9 am - 4 pm	\$104	\$99

**Before and After Care (Must have a minimum of 3 youngsters)**

	All	Time	NR	Res Disc
C	All	7:30-9 am	\$35	\$30
D	All	4-5:30 pm	\$35*	\$30*

\* A late fee \$5 will be charged for every 5 minutes after 5:30.

## Spring Indoor Pool Schedule - March 16 - June 14\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-10 am	Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-10 am	Adult Lap/ Therapy Swim 8-9 am	Swim Lessons 9 am-Noon
Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 8:15-11:30 am	
Senior Aqua 9-10 am	Senior Aqua 9-10:50 am		Senior Aqua 9-10:50 am	Water Wave Aerobics 10-10:50 am	Water Wave Aerobics 9:05-9:55 am	Adult Lap/Therapy Swim 9am-Noon (2 lanes available)
Half Pint 10-10:45 am		Half Pint 10-10:45 am				
Water Wave Aerobics 10-10:50 am	Half Pint Swim 10-10:45 am	Water Wave Aerobics 10-10:50 am	Half Pint Swim 10-10:45 am	Half Pint Swim 10-10:45 am		
Adult Lap/ Therapy Swim 11:30 am-2:30 pm	Adult Lap/ Therapy Swim 11:30 am-2:30 pm	Adult Lap/ Therapy Swim 11:30 am-2:30 pm	Adult Lap/ Therapy Swim 11:30 am 2:30 pm	Adult Lap/ Therapy Swim 11:30 am-2:30 pm	Open Swim/ No Lap 11:30 am-6 pm	
Preschool Lessons 12:30-2:30 pm	Preschool Lessons 12:30-2:30 pm	Senior Aqua 2:30-3:30 pm	Homeschool Lessons 12-2:30 pm	Adult Lessons 2:30-3:15 pm	Family Night 2nd Saturday of the month 5-8 pm	Open Swim/ No Lap 12 Noon-5 pm
	Expecting Moms class 2:30-3:30 pm	Adult Lessons 1:45-2:30 pm	Expecting Moms class 2:30-3:30 pm	Preschool Lessons 12:30-3:00 pm		
Swim Lessons 4-6:30 pm	Open Swim 4-6:50 pm	Swim Lessons 4-6:30 pm	Open Swim 4-6:50 pm	Swim Lessons 4-6:30 pm		Swim Lessons 5-8 pm
Open Swim 6:30-8:55 pm	Water Wave Aerobics 7-7:50 pm	Open Swim 6:30-8:55 pm	Water Wave Aerobics 7-7:50 pm		Rentals & Special Events 6-10 pm	
Adult Lap/Therapy Swim 9-9:50 pm (2 lanes available)	Swim Lessons 6:50-8:45 pm	Adult Lap/Therapy Swim 9-9:50 pm (2 lanes available)	Swim Lessons 6:50-8:45 pm	Open Swim 6:30-9:30 pm		
Water Wave Aerobics 9-9:50 pm	Adult Teen Lessons 8:45-9:30 pm	Water Wave Aerobics 9-9:50 pm	Adult Teen Lessons 8:45-9:30 pm			

\*Schedule is tentative as some activities may be cancelled or times altered due to other functions or activities.

### Pool Schedule Key

#### Passholder Swim Times

- **Adult Lap Swim:** Ages 18 and older. Lap lanes are available for lap swim. See open swim description for additional lap swim times.
- **Half Pint Swim:** Leisure swim is open for toddlers and their parents/adult supervisor. Adult must enter water with child.
- **Adult Therapy Swim:** Ages 18 and older. The therapy pool is also open during all open swims for adults.
- **Open Swim:** All ages welcome. Children under 10 must be directly supervised in the water by an individual 16 or older. The leisure and slide areas will be open. Adults have use of the therapy pool and at least one lap lane (M-F). Lanes may not be available on Saturday and Sunday.

#### Class Swim Times (shades in schedule above)

**Swim Lessons and Exercise Classes:** You must register and pay separately for these programs. See page 35, 37, 38, and 39 for more information.

### Holiday Open Swim Hours

April 10 9-10 am (adult lap and therapy)  
10 am-5 pm (open swim)  
May 25 8-10 am (adult lap and therapy)  
10 am-1:30 pm (open swim)

### Additional Swim Times

Feb. 16, 18, 20 11:30 am-9 pm  
March 12, May 22 1:45-3:45 pm  
April 3 11:30 am -9:30 pm

### Spring Break Pool Hours (April 6-10)

Adult Lap/Therapy available:  
W/F 6-10 am; 9-9:50 pm on M/W  
M/T/TH 6-8:45 am  
Open Swim times:  
M/W/F 11:30 am-9 pm; T/TH 11:30 am-6:50 pm

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning February 25 for swim classes; see procedures on pages 82-83.

**Weather Cancellations:** For all swim lessons there is no make-up class for the first class that is cancelled due to inclement weather or unforeseen circumstances.



## Preschool Swim Lessons – Non-Resident - \$52/session Resident Discount - \$47/session

**Test day for new students:** Saturday, February 21 from 9-10:30 am. Children will be tested to allow parents to register them in the proper class. Swim lessons for preschoolers will take place at the **Community Center**.

Register for desired class and time. **Instructor ratio** is 1:6 for classes without parent, and 1:15 for Parent and Tot and Parent and Infant classes. Participants must furnish towels and suits. All fees are separate from passes.

### Class Descriptions

**Parent and Infant** (6 months - 18 months) Adult participation is required. Introduce your child to the water. Participating adults will learn holding positions, cues, safety skills, and emergency prevention.

**Parent and Tot** (19 months - 3 years) Adult participation is required. This class is an extension of the Parent and Infant class.

**One Fish** (3-5 years) For children ready to participate in lessons on their own. Basic swimming skills such as blowing bubbles, basic arm and leg movements, and water safety.

**Two Fish** (3-5 years) Learn beginner stroke, glides, and water safety.

**Red Fish** (3-5 years) Improve beginner stroke, floats, glides, introduce other swimming strokes, and water safety.

**Blue Fish** (3-5 years) Continues to develop beginner stroke, continue learning other strokes, water safety, and improve endurance.

*When your child has passed Blue Fish and is 5 years old, they can register for Level 2 class.*

### 4 Week Classes - Mon/Wed

#### Session 1: Mar 23-Apr 22

Act #: 123016

No Class 4/6 and 4/8

- A. One Fish 8:30-9 am
- B. Two Fish 9-9:30 am
- C. Red Fish 9:30-10 am
- D. Blue Fish 10-10:30 am
- E. Parent/Tot 10:30-11 am
- F. One Fish 4-4:30 pm
- G. Red Fish 4:30-5 pm
- H. Two Fish 5-5:30 pm
- I. Blue Fish 5:30-6 pm
- J. Red Fish 5:30-6 pm
- K. Parent/Inf 5:30-6 pm
- L. Parent/Tot 6-6:30 pm
- M. One Fish 6-6:30 pm
- N. Two Fish 6-6:30 pm

#### Session 2: Apr 27-May 20

Act #:123017

- A. Two Fish 8:30-9 am
- B. Red Fish 9-9:30 am
- C. One Fish 9:30-10 am
- D. Blue Fish 10-10:30 am
- E. Parent/Tot 10:30-11 am
- F. Red Fish 4-4:30 pm
- G. Blue Fish 4:30-5 pm
- H. Two Fish 4:30-5 pm
- I. One Fish 5-5:30 pm
- J. Two Fish 5:30-6 pm
- K. Parent/Inf 5:30-6 pm
- L. Parent/Tot 6-6:30 pm
- M. Red Fish 6-6:30 pm
- N. One Fish 6-6:30 pm

Toys may be on during 10-11 am lessons.

### 4 Week Classes - T/TH

#### Session 1: Mar 24-Apr 23

Act #: 123018

No class 4/7 and 4/9

- A. Red Fish 8:30-9 am
- B. One Fish 9-9:30 am
- C. Two Fish 9:30-10 am
- D. Parent/Inf 10-10:30 am
- E. Parent/Tot 10:30-11 am
- F. Parent/Inf 6:50-7:20 pm
- G. One Fish 6:50-7:20 pm
- H. Blue Fish 6:50-7:20 pm
- I. Red Fish 7:25-7:55 pm
- J. Two Fish 7:25-7:55 pm
- K. Parent/Tot 7:25-7:55 pm

#### Session 2: Apr 28-May 21

Act #:123019

- A. Red Fish 8:30-9 am
- B. Two Fish 9-9:30 am
- C. One Fish 9:30-10 am
- D. Parent/Inf 10-10:30 am
- E. Parent/Tot 10:30-11 am
- F. Parent/Inf 6:50-7:20 pm
- G. Two Fish 6:50-7:20 pm
- H. Red Fish 6:50-7:20 pm
- I. One Fish 7:25-7:55 pm
- J. Blue Fish 7:25-7:55 pm
- K. Parent/ Tot 7:25-7:55 pm

### 8 Week Classes

#### Mondays: Mar 16-May 11

Act #: 123009

No class 4/6

- A. Parent/Tot 11-11:30 am
- B. One Fish 11:30 am-12 pm
- C. Blue Fish 12:30-1 pm
- D. One Fish 1-1:30 pm

- E. Red Fish 1:30-2 pm
- F. Two Fish 2-2:30 pm

### Tuesdays: Mar 17-May 12

Act #: 123010

No class 4/7

- A. Parent/Inf 11-11:30 am
- B. One Fish 11:30 am-12 pm
- C. Two Fish 12:30-1 pm
- D. One Fish 1-1:30 pm
- E. Red Fish 1:30-2 pm
- F. Parent/Tot 2:30-3 pm

### Fridays: Mar 13-May 15

Act #: 123020

No class 4/3 and 4/10

- A. Red Fish 8:30-9 am
- B. One Fish 9-9:30 am
- C. Two Fish 9:30-10 am
- D. Parent/ Tot 10-10:30 am
- E. Parent/Inf 10:30-11 am
- F. Parent/Tot 11-11:30 am
- G. One Fish 11:30 am-12 pm
- H. Blue Fish 12:30-1 pm
- I. One Fish 1-1:30 pm
- J. Two Fish 1:30-2 pm
- K. Red Fish 2-2:30 pm
- L. One Fish 4-4:30 pm
- M. Red Fish 4-4:30 pm
- N. Two Fish 4:30-5 pm
- O. Blue Fish 4:30-5 pm
- P. One Fish 5-5:30 pm
- Q. Two Fish 5-5:30 pm
- R. Parent/Inf 5:30-6 pm
- S. One Fish 5:30-6 pm
- T. Red Fish 6-6:30 pm
- U. Parent/Tot 6-6:30 pm

### Saturdays: Mar 14-May 16

Act #: 123021

No class 4/4 and 4/11

- A. One Fish 8:15-8:45 am
- B. Two Fish 8:15-8:45 am
- C. Red Fish 8:50-9:20 am
- D. One Fish 8:50-9:20 am
- E. Blue Fish 9:25-9:55 am
- F. Parent/Inf 9:25-9:55 am
- G. Parent/Tot 10-10:30 am
- H. One Fish 10-10:30 am
- I. Red Fish 10:30-11 am
- J. Parent/Tot 10:30-11 am
- K. One Fish 10:30-11 am
- L. Two Fish 11-11:30 am
- M. Parent/Tot 11-11:30 am
- N. One Fish 11-11:30 am

### Sundays: Mar 15-May 17

Act #: 123022

No class 4/5 and 4/12

- A. Two Fish 9:15-9:45 am
- B. Red Fish 9:45-10:15 am
- C. One Fish 10:20-10:50 am
- D. Blue Fish 10:55-11:25 am
- E. Red Fish 10:55-11:25 am
- F. One Fish 11:25-11:55 am
- G. One Fish 5-5:30 pm
- H. Red Fish 5-5:30 pm
- I. Parent/Inf 5-5:30 pm
- J. Two Fish 5:30-6 pm
- K. Blue Fish 5:30-6 pm
- L. Parent/Tot 5:30-6 pm
- M. Parent/Tot 6-6:30 pm
- N. One Fish 6-6:30 pm
- O. Red Fish 6:30-7 pm
- P. Two Fish 6:30-7 pm
- Q. One Fish 7-7:30 pm
- R. Red Fish 7-7:30 pm

## Youth Swim Lessons- Non-Resident - \$64/session Resident Discount - \$59/session

**Test days for new students:** Saturday, February 21 from 9 - 10:30 am. Children will be tested to allow parents to register them in the proper class. **Teacher/student ratio:** 1:8; **Location:** Community Center Indoor Pool; **Instructors:** Community Center Staff

### Class Descriptions

All classes are in accordance with American Red Cross instruction. It is necessary to pass each level before progressing. Please bring Red Cross cards to the first class. All classes are for children 6 years and older.

**Level 1**-Water exploration for children who have little or no experience in the water. This class entails water safety, breath holding, arm strokes, kick, and supported floats.

**Level 2**-Primary skills for children who can put their face in the water. This class will work on floats, beginner stroke, and water safety.

**Level 3**-Emphasis on rhythmic breathing, arm stroke and kick for front crawl and back crawl. Introduce butterfly kick and treading water.

**Level 4**-Perfect front and back crawl. Introduce elementary backstroke, breaststroke, sidestroke, survival float and advanced water safety.

**Level 5**-Perfect front and back crawl, elementary backstroke, breaststroke, introduce sidestroke, butterfly, and flip turns.

**Level 6**-Focus on perfecting all strokes and improving endurance. Students learn CPR, rescue breathing, and other beginner lifeguarding skills.

**\*Level 7**-A competitive swim class that will focus on stroke perfection and endurance, not an American Red Cross class.

**NR- \$76; Res Disc - \$71**

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning February 25 for swim classes; see procedures on pages 82-83.

### Weather Cancellations

**NOTE:** For all swim lessons there is no make-up class for the first class that is cancelled due to inclement weather or unforeseen circumstances.

### 4 week Classes - Mon/Wed

#### Session 1: Mar 23-Apr 22

Act #: 123011

No class 4/6 and 4/8

- A. Level 1 4-4:45 pm
- B. Level 2 4-4:45 pm
- C. Level 3 4-4:45 pm
- D. Level 4 4:50-5:35 pm
- E. Level 5 4:50-5:35 pm
- F. Level 3 4:50-5:35 pm
- G. Level 1 5:40-6:25 pm
- H. Level 2 5:40-6:25 pm
- I. Level 4 5:40-6:25 pm
- J. Level 6 5:40-6:25 pm

### Session 2: Apr 27-May 20

Act #: 123012

- A. Level 1 4-4:45 pm
- B. Level 3 4-4:45 pm
- C. Level 2 4-4:45 pm
- D. Level 4 4:50-5:35 pm
- E. Level 1 4:50-5:35 pm
- F. Level 6 4:50-5:35 pm
- G. Level 5 5:40-6:25 pm
- H. Level 3 5:40-6:25 pm
- I. Level 2 5:40-6:25 pm
- J. Level 4 5:40-6:25 pm

### 4 Week Classes- Tue/Thurs

#### Session 1: Mar 24-Apr 23

Act #: 123007

No class 4/7 and 4/9

- A. Level 2 7-7:45 pm
- B. Level 1 8-8:45 pm
- C. Level 3 8-8:45 pm
- D. Level 4 8-8:45 pm
- E. Level 5 8-8:45 pm
- F. Level 6 8-8:45 pm

### Session 2: Apr 28-May 21

Act #: 123008

- A. Level 1 7-7:45 pm
- B. Level 2 8-8:45 pm
- C. Level 3 8-8:45 pm
- D. Level 4 8-8:45 pm
- E. Level 5 8-8:45 pm
- F. Level 6 8-8:45 pm

### 8 Week Classes

#### Fridays: Mar 13-May 15

No class 4/3 and 4/10

Act #: 123014

- A. Level 1 4-4:45 pm
- B. Level 2 4-4:45 pm
- C. Level 4 4-4:45 pm
- D. Level 1 4:50-5:35 pm
- E. Level 5 4:50-5:35 pm
- F. Level 3 4:50-5:35 pm
- G. Level 4 5:40-6:25 pm
- H. Level 6 5:40-6:25 pm
- I. Level 2 5:40-6:25 pm
- J. Level 3 5:40-6:25 pm
- K. Level 7\* 4-5:15 pm

#### Saturdays: Mar 14-May 16

Act #: 123015

No class 4/4 and 4/11

- A. Level 2 8:15-9 am
- B. Level 1 9:05-9:50 am
- C. Level 2 9:05-9:50 am
- D. Level 5 9:55-10:40 am
- E. Level 4 9:55-10:40 am
- F. Level 3 9:55-10:40 am
- G. Level 1 10:45-11:30 am
- H. Level 3 10:45-11:30 am
- I. Level 6 10:45-11:30 am
- J. Level 4 10:45-11:30 am
- K. Level 7\* 11:30 am-12:45 pm

### Sundays: Mar 15-May 17

Act #: 123013

No class 4/5 and 4/12

- A. Level 1 9:15-10 am
- B. Level 6 9:15-10 am
- C. Level 2 10:05-10:50 am
- D. Level 5 10:05-10:50 am
- E. Level 3 10:55-11:40 am
- F. Level 4 10:55-11:40 am
- G. Level 7\* 4:45-6 pm
- H. Level 1 5-5:45 pm
- I. Level 2 5-5:45 pm
- J. Level 3 5-5:45 pm
- K. Level 4 5-5:45 pm
- L. Level 5 5:50-6:35 pm
- M. Level 6 5:50-6:35 pm
- N. Level 2 5:50-6:35 pm
- O. Level 7\* 6:40-7:55 pm
- P. Level 4 6:40-7:25 pm
- Q. Level 3 6:40-7:25 pm
- R. Level 1 6:40-7:25 pm

### Thursday Afternoon Homeschool Lessons: March 12-May 14

Act #: 123005

No class - 4/9

- A. Level 1 12-12:45 pm
- B. Level 2 12:50-1:35 pm
- C. Level 3 1:40-2:25 pm



## Patron High 5 Club Troy Community Center

In 2008 11 patrons became honorary Troy Community Center High 5 Club members. They were recognized for their positive impact on other patrons and the facility. Each honorary member received an official High 5 Club t-shirt, a free guest pass and a write-up with their photo that was posted by the Control Desk.

Members in the High 5 Club vary in their workout choice and what they enjoy about the facility. Some members are fierce competitors, others are recovering from injuries or enjoying retirement, but their attitudes about fitness are very similar: stay committed and positive.

**The High Five Members honored in 2008 are:**



*Top row:* Cliff, Jeanene, Mary, Nancy

*Middle row:* Susan, Ana, Dan, Anna

*Bottom row:* Ellen, Fred and Li

Thank you to all the High 5 members of this year. We appreciate your patronage and the positive affect you have on the facility and other patrons!

To nominate someone for the High 5 Club or to find out more information please stop by the Control Desk or Pool Office.



## Adult/Teen Swim Classes

### Adult/Teen Beginners

For those that have never swam before, and have a fear of the water. Will focus on becoming comfortable in and around the water. To pass this class, participants must be able to swim front and back crawl independently.

### Adult/Teen Intermediate

For those that are able to swim the front and back crawl independently in the water. This class will assist with form and technique on various strokes.

### Adult/Teen Advanced

For STRONG swimmers who want a swim team type workout. This class will include workouts and participants will have the ability to create their own workout.

**Location:** Community Center Indoor Pool

**Instructor:** Indoor Pool Staff

**Fee:** NR - \$64; Res Discount \$59

### Session 1: March 24 -April 23 (T/TH)

**Act #:123023 - no classes 4/7 & 4/9**

- A. Beg 8:50-9:35 pm
- B. Int 8:50-9:35 pm
- C. Adv 8:50-9:35 pm

### Session 2: April 28-May 21 (T/TH)

**Act #: 123023**

- D. Beg 8:50-9:35 pm
- E. Int 8:50-9:35 pm
- F. Adv 8:50-9:35 pm

### 8 week session: March 13-May 15 (Fri)

**Act #: 123023 - no class 4/3 and 4/10**

- G. Beg 2:30-3:15 pm

## Private and Semi-private Swim Lessons

### Fees:

Private one half hour: \$35

Private hour: \$60

Semi-private (2-4 participants) for an hour: \$45 per person

Semi-private package of 3 sessions: \$120 per person

## Attention Scout Leaders!

Scout leaders can reserve a time during open swim for your group to get basic safety info or cover badge requirements. A fun outing for the group! **Instructor Fee:** \$10/hour per 10 participants.  
**Entry Fee:** Regular rates and policies apply

**For more information call 248.524.3484.**

**Online registration begins: Feb. 25 at 8 am**

**[www.troymi.gov/parksreconline](http://www.troymi.gov/parksreconline)**

**Non-resident registration: March 4**